

Weekly Newsletter

# BEPS OSHC



## Acknowledgment of Country

BEPS OSHC respectfully acknowledges the Wurundjeri People of the Kulin Nation as Traditional Custodians of the land on which our service stands. We pay respect to Elders past and present and to their continuation of cultural, spiritual and educational practises.

DATE: 18/04/24  
TERM 2, WEEK 1  
ISSUE # 10

## News from BEPS OSHC

- Welcome back everyone! We hope you all had a wonderful holiday and enjoyed your first week back at OSHC!
- The next OSHC invoice was be emailed out to families on: 15/04 (this included any payments carried over from term 1 and included thge last week of term1)
- Just a reminder to families that next Thursday is ANZAC Day (25th April) and thus a public holiday. BEPS will NOT be open and OSHC will NOT be running. We apologise for any inconveniences. Enjoy your day off!

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# Behind the Scenes at BEPS OSHC



We have been working on an 'insight to service' document which displays some of the amazing things that go on inside our OSHC program. When you come in to pick up your children and maybe even watch for a couple mins- there is a whole lot of things happening here, there and everywhere every day with all your children! We created this document to showcase all of activities and important values in our service, with so many wonderful pictures of all the different activities that occur too. This will also help to send to ACECQA when we have an assessment and rating of our service.

## Brunswick East Primary School Out of School Hours Care



An Insight Into Our Service

2024

## Philosophy



"To provide quality care programs to primary-school-aged children at the Brunswick East Primary School Out of School Hours Care Service (BEPS OSHC) where we strive to provide a safe, stimulating and fun environment in which children and young people can play and relax. The service will provide inclusive child-centred programs underpinned by the learning frameworks, which focus on developmental, social and recreational activities and experiences appropriate to the needs of all the children and young people."

## Arts, Crafts & Drama



Visual art and dramatic arts (incl. imaginative play) are some of the most popular and enjoyed activities that we offer. Our 'OSHC Room' is a dedicated art space for our service, in which we offer arts and crafts activities every afternoon. Staff run a large variety of visual art activities to maximise interest and engagement, with some favourites being origami, beading, painting and sewing. We also incorporate significant dates into our art activities, such as Special Person's Day, Christmas, World Ocean Day, etc. to ensure that children and young people are connected with their community. We encourage self-directed and non-structured activities such as drama, dance, photography or imaginative play, to promote creativity and agency. We find that these art activities are also great for self-regulation, forms of communication and expression, imagination and confidence. We also ensure that the activities are catered to all age groups and that children can happily engage in these activities individually as well as collaboratively.

**My Time, Our Place Outcomes:**

- Children and young people develop their autonomy, interdependence, resilience and agency
- Children and young people develop a growth mindset and learning dispositions such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity
- Children and young people collaborate with others, express ideas and make meaning using a range of digital technologies and media and communication technologies

## Sports & Movement



We are fortunate enough to have a variety of outdoor and indoor spaces in which we can run physical activities for children and young people in our care, including a large grass oval, basketball court, two playgrounds, handball courts and an indoor hall, allowing us to offer sports and movement regardless of the weather. These spaces can cater for large numbers of students who attend in the afternoons which enables us to run a vast range of activities, such as football, tennis, volleyball, scooting and skateboarding, gymnastics, hockey and much more. We run staff-directed activities to engage large groups of children, however, children also really enjoy creating and running their own games and matches. Sports and movement activities are run every afternoon to promote the physical wellbeing of the children and young people in our care. We incorporate a range of differing activities to cater to children's diverse interests and needs, and promote the participation of all genders and abilities.

**My Time, Our Place Outcomes:**

- Children and young people become strong in their physical learning and wellbeing
- Children and young people develop a growth mindset and learning dispositions such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity
- Children and young people interact verbally and non-verbally with others for a range of purposes

# Behind the Scenes at BEPS OSHC.. cont.



## Nature Play & Loose Parts



The school has an incredible nature play dedicated area, that we call 'lush OSHC', in which there are many loose parts for children and young people to get creative with, including big branches from trees, plastic crates of various sizes, planks of wood, spades and old car/truck tyres. We also have additional resources that we bring out to the area such as pots and pans for the children to use when playing outside, to use for 'poisons' or 'MasterChef' or other imaginative play. The children thoroughly enjoy nature related activities, such as building nature cubbies using surrounding trees, playing in the sandpit, rolling the tyres around, in this space, we also run environmental-themed activities, such as nature crafts, rock painting, planting, nature scavenger hunts, etc. We find that these activities tend to be highly requested in our warmer terms, as children of all ages seem to really enjoy this space, so we offer these activities as regularly as possible.

### My Time, Our Place Outcomes:

- Children and young people become socially responsible and show respect for the environment
- Children and young people resource their own learning through connecting with people, place, technologies and natural and processed materials
- Children and young people become strong in their social, emotional and mental wellbeing
- Children and young people develop their autonomy, interdependence, resilience and agency
- Children and young people develop a growth mindset and learning dispositions such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity

## Child Safety & Wellbeing



Every activity that we offer each day at our service promotes wellbeing to some extent, whether that be physical, emotional, social or environmental. When educators write activity suggestions, we ask them to design activities inspired by wellbeing perspectives (ie. reciprocal play, resilience, etc.) As well as wellbeing-promoted activities, we plan and run regular activities to teach and talk about wellbeing to children and young people in our service. For example, every year we like to hand out 'safety network' hands to children to talk about the importance of support systems and trusted adults in their lives. Some other activities include: art combined activities such as making gratitude sunflowers, affirmation bubbles and kindness chatterboxes, regular surveys about wellbeing and safety, and staff supporting in the service (i.e. emotion coaching, helping with emotional regulation, etc.) Furthermore, we also have lots of infographics in the environments we use for OSHC, to ensure there is always lots of support and positive messages on display.

### My Time, Our Place Outcomes:

- Children and young people develop knowledgeable, confident, self identities and a sense of positive self worth
- Children and young people learn to interact in relation to others with care, empathy and respect
- Children and young people are aware of and develop strategies to support their own mental and physical health, and personal safety
- Children and young people become strong in their social, emotional and mental wellbeing
- Children and young people transfer and adapt what they have learned from one context to another

## Science & Technology



'Science Club' is one of the most highly engaged in activities that we offer at aftercare. We only offer this activity weekly, however on alternating days to maximise participation so children don't miss out. We mainly offer chemistry based science experiments, as we find that these are the activities that the children tend to enjoy the most due to the novelty and wow-factor. These activities are staff directed due to the complexity, health & safety and nature of the activities, and this provides children with a great opportunity to hypothesise, problem solve and learn brand new concepts. In addition, we also offer child directed activities and are in the process of implementing a STEM club, including activities such as building and construction of various kinds, board games, card games, puzzles, coding and more, in which children are encouraged to experiment and create their own path of inquiry and allow for extension to ensure it caters to all age groups and abilities.

### My Time, Our Place Outcomes:

- Children and young people develop a range of learning and thinking skills and processes such as problem solving, inquiry, experimentation, hypothesising, researching and investigating
- Children and young people develop their autonomy, interdependence, resilience and agency
- Children and young people develop a growth mindset and learning dispositions such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity
- Children and young people transfer and adapt what they have learned from one context to another

## Cooking



We are fortunate enough to have two cooking spaces that we can use in OSHC: the first of which is our OSHC Kitchen and the second being the school's larger kitchen. This allows us to accommodate for smaller and larger groups of children to ensure there is enough bench space and cooking utensils to facilitate cooking activities and maximise participation. Cooking is a highly requested activity by the children our service, so we offer it weekly and always have cooking activities on curriculum days. Furthermore, during these activities, children learn about nutrition, different cooking skills and techniques, are exposed to and encouraged to try a wide range of foods, and also incorporate foods from different cultures or cuisines. We also make a conscious effort to promote children to have a healthy relationship with food and thus promote physical and mental wellbeing.

### My Time, Our Place Outcomes:

- Children and young people become strong in their physical learning and wellbeing
- Children and young people learn to interact in relation to others with care, empathy and respect
- Children and young people develop their autonomy, interdependence, resilience and agency
- Children and young people engage with and gain meaning from a range of visual images and texts
- Children and young people develop a range of learning and thinking skills and processes such as problem solving, inquiry, experimentation, hypothesising, researching and investigating

# Behind the Scenes at BEPS OSHC.. cont.



## Embedding Indigenous Perspectives



BEPS OSHC is currently working on our Reconciliation Action Plan and are therefore working on maximizing the inclusion and embedding of Indigenous perspectives into our service. Some of the ways that we are doing this is by: having students volunteer each afternoon meeting/ service commencement to read an Acknowledgement of Country, running First Nations inspired craft ideas, including art inspired by Aboriginal Dreamtime stories, participating in significant cultural dates (such as National Sorry Day and National Reconciliation Week), having Indigenous art and maps on display in our main areas to create a welcoming and inclusive environment. We have also been fortunate enough to participate in a Welcome to Country Smoking Ceremony in November 2023, which was a great teaching moment for children and young people to learn about culture and connection to land.

### My Time, Our Place Outcomes:

- Children and young people develop a sense of belonging to groups and communities and an understanding of the reciprocal rights and responsibilities necessary as active and informed citizens
- Children and young people respond to diversity with respect
- Children and young people become aware of fairness
- Children and young people become socially responsible and show respect for the environment
- Children and young people learn to interact in relation to others with care, empathy and respect

## Leisure & Passive Play



It is crucial that we acknowledge the importance of passive play and leisure, as well as the importance of 'downtime' and doing 'nothing'. We have many children who attend both beforecare and aftercare every day of every week, doing approximately 10 hour school days! Thus it is unreasonable to expect these children to be playing and engaging in learning activities for the full duration of their visit at our OSHC service. We ensure that every day, there are always choices of passive, mindfulness-based activities that children can partake in, such as quiet reading, colouring in and drawing. In our service spaces, we also have multiple couches, beanbags, mats/shapes, cushions and blankets for children to rest and relax with, make cubbies with and lounge on, to create a sense of homeliness, warmth and relaxation.

### My Time, Our Place Outcomes:

- Children and young people feel safe, secure and supported
- Children and young people develop their autonomy, independence, resilience and agency
- Children and young people become strong in their social, emotional and mental wellbeing
- Children and young people interact verbally and non verbally with others for a range of purposes
- Children and young people are aware of and develop strategies to support their own mental and physical health, and personal safety

## Sustainability



Sustainability at BEPS OSHC ties in directly with our Nature Play & Loose Parts area of our service, however, we wanted to outline the additional ways that we incorporate sustainability into our service. We run gardening activities using our composted food scraps from our afternoon tea, create sustainability action posters with the children, and use recycled materials in many of our craft activities. From a business perspective, we also purchase as many resources as we can second hand, for example, from Facebook Marketplace or op shops. We also regularly receive kind donations from families, which can include all sorts of resources; art and craft supplies, Lego, sports equipment, board games, puzzles and even furniture. Some of the children also have been vocal about social issues such as climate change and have asked to do activities in relation to that demonstrating their activism and understanding of their responsibilities for the environment around them.

### My Time, Our Place Outcomes:

- Children and young people learn to interact in relation to others with care, empathy and respect
- Children and young people develop a sense of belonging to groups and communities and an understanding of the reciprocal rights and responsibilities necessary as active and informed citizens
- Children and young people become socially responsible and show respect for the environment
- Children and young people resource their own learning through connecting with people, place, technologies and reused and processed materials

## Inclusion & Diversity



The school culture at BEPS very much celebrates diversity and promotes inclusion, thus the children and young people are very in tune with these values and are incredibly forward thinking and accepting. They are also very vocal and proud children, for example, students being neurodiverse, being a part of rainbow families, exploring gender, coming from a range of cultures, and speaking additional languages at home. We make a conscious effort for our posters and infographics in our OSHC spaces to show our support for the inclusion and diversity of students, families, teachers and staff, to ensure everyone feels safe, supported and celebrated. We also make sure to incorporate significant dates in our activities for the children (such as Neurodiversity Celebration Week, Harmony Week, IDAHOBIS, etc.) to create a sense of belonging and community.

### My Time, Our Place Outcomes:

- Children and young people develop a sense of belonging to groups and communities and an understanding of the reciprocal rights and responsibilities necessary as active and informed citizens
- Children and young people respond to diversity with respect
- Children and young people feel safe, secure and supported
- Children and young people learn to interact in relation to others with care, empathy and respect
- Children and young people develop knowledgeable, confident self identities and a sense of positive self worth

# Glimmers into BEPS OSHC



## What the children of BEPS OSHC have been doing in Week 1...

Term 2 started off well with curriculum day and making blueberry muffins, winter settling in so dodge ball in the hall towards the end of the day,, watercolor painting, a massive game of Giant's treasure, waiting for crystallization to occur 'rock candy', charades, lego, and AFL season has started!!



# Upcoming Beforecare & Aftercare Activities

## Term 2, Week 2



### MONDAY

22nd April

Earth Day



#### **BSC:**

- Children's Choice in the OSHC Room/Hall with Kerryn & Andreas

#### **ASC:**

- Earth Day "Thanking Nature" Poster in the OSHC Room with Ange & Bella
- Colourfuls with Faye
- Wheels on the Basketball Court with Andreas & Zac
- Number Soccer on the Oval with Jake
- Nature Bracelets on Bush OSHC with Olivia

### TUESDAY

23rd April

#### **BSC:**

- Children's Choice in the OSHC Room/Hall with Kerryn & Jake

#### **ASC:**

- Sewing Sunshine Stitched in the OSHC Room with Hayfa & Bella
- STEM Club in the Tinker Club with Jake & Zac
- Paper Bag Kites at Colourfuls with Olivia
- Netball on the Basketball Court with Andreas & Chandika
- Gymnastics on the Oval with Charlotte & Kerryn
- Cubby Making & Nature Play at Bush OSHC with Izzy
- Science Club on the Handball Court/Kitchen with Faye

### WEDNESDAY

24th April

#### **BSC:**

- Children's Choice in the OSHC Room/Hall with Kerryn & Jake

#### **ASC:**

- Cardboard Crafts in the OSHC Room with Charlotte & Hayfa
- Cooking in the Kitchen with Kerryn
- Making a Football Pencil Holder in the Tinker Lab with Faye
- Colourfuls with Charlotte
- Wheels on the Basketball Court with Jake & Chandika
- Futsal on the Oval with Andreas

### THURSDAY

25th April

#### **BSC:**

- NO SERVICE RUNNING- ANZAC DAY PUBLIC HOLIDAY

#### **ASC:**

- NO SERVICE RUNNING- ANZAC DAY PUBLIC HOLIDAY

### FRIDAY

26th April

#### **BSC:**

- Children's Choice in the OSHC Room/Hall with Kerryn & Andreas

#### **ASC:**

- Feather Painting in the OSHC Room with Olivia
- Colourfuls with Faye
- Wheels & Children's Choice on the Basketball Court with