## Weekly Newsletter

# BEPS OSHC





## **Acknowledgment of Country**

BEPS OSHC respectfully acknowledges the Wurundjeri People of the Kulin Nation as Traditional Custodians of the land on which our service stands. We pay respect to Elders past and present and to their continuation of cultural, spiritual and educational practises.

DATE: 01/08/24 TERM 3, WEEK 3 ISSUE # 23

## **News from BEPS OSHC**

- The next OSHC invoice will be emailed out to families on: Monday 12th August
- Please see link for the OSHC Families Feedback survey it's anonymous!
  - https://www.menti.com/algzajx659em,
- Just a reminder to families- please let us know if your child will NOT be attending aftercare next
  week, as the Android Academy performances are on. Please text or email Rena with any upcoming
  absences ASAP! We wish all the students the very best with their performances across the day
  times and night time shows!!!
- Please see next two pages for more information

## **CONTACT US**

Phone: 9387 2631 Mobile: 0409 380 202

Email: ranita.swamy@education.vic.edu.au Website: https://beps.vic.edu.au OSHC Representatives

- Helen Rabenda 0447781830
- Lucy Paplinska 0415868656





# **Upcoming significant community dates**



## International Day of the World's Indigenous People







"This International Day of the World's Indigenous Peoples 2024 is focusing on 'Protecting the Rights of Indigenous Peoples in Voluntary Isolation and Initial Contact'. Indigenous Peoples in voluntary isolation and initial contact are the best protectors of the forest. Where their collective rights to lands and territories are protected, the forests thrive, alongside their societies. And not only is their survival crucial to the protection of our planet, but it is crucial to the protection of cultural and linguistic diversity. In today's hyper-connected world, the existence of Indigenous Peoples in voluntary isolation and initial contact is a testament to the rich and complex tapestry of humanity, and it is a huge loss to our world if they cease to exist."

### We need indigenous communities for a better world

There are an estimated 476 million Indigenous Peoples in the world living across 90 countries. They make up less than 5 per cent of the world's population, but account for 15 per cent of the poorest. They speak an overwhelming majority of the world's estimated 7,000 languages and represent 5,000 different cultures.

Indigenous Peoples are inheritors and practitioners of unique cultures and ways of relating to people and the environment. They have retained social, cultural, economic and political characteristics that are distinct from those of the dominant societies in which they live. Despite their cultural differences, Indigenous Peoples from around the world share common problems related to the protection of their rights as distinct peoples.

Indigenous Peoples have sought recognition of their identities, their way of life and their right to traditional lands, territories and natural resources for years. Yet, throughout history, their rights have been violated. Indigenous Peoples today, are arguably among the most disadvantaged and vulnerable groups of people in the world. The international community now recognizes that special measures are required to protect their rights and maintain their distinct cultures and way of life.

In order to raise awareness of the needs of these population groups, every 9 August commemorates the International Day of the World's Indigenous Peoples, chosen in recognition of the first meeting of the UN Working Group on Indigenous Populations held in Geneva in 1982.

We are committed to embedding Indigenous perspectives into the program, as per My Time, Our Place v2.0 (MTOP) and our Reconciliation Action Plan (RAP). The 9th of August is next Friday, so we will be doing some age-appropriate activities to incorporate this day into the afternoon! We will be showing some Indigenous Children TV Shows (such as Eddie's Little Homies- which is a TV Show made by Eddie Betts, set in Australia). Friday also tends to be a relatively quiet day, so we will print out some First Nations perspectives worksheets, colouring in and puzzles from Junior Landcare. Please let us know if you have any further suggestions!

# What staff have been working on

## Narragunnawali: Reconciliation in Education

Continuing on from the other week, staff have been going through Reconciliation in Education webinars to extend our knowledge of embedding Reconciliation and Indigenous Perspectives in our service and program. This week, the webinar talked about respectful and inclusive language use when talking about First Nations peoples (i.e. terminology guidelines). Here is what we learnt!



- It is often best practice to use "Aboriginal and Torres Strait Islander Peoples"
  - This is to ensure the inclusion of both Aboriginal and Torres Strait Islander Peoples as both First Nations Peoples - not just one
  - Also important to use "Peoples" in plural, to reflect diversity of cultures and identities across Australia
  - "First Peoples" or "First Nations" is also acceptable and respectful language- to encompass diversity of Aboriginal and Torres Strait Islander identities
- · Pluralisation to acknowledge and respect diversity
  - "Histories"
  - "Perspectives"
  - "Contributions"
- · Abbreviations and acronyms of words are not appropriate
  - Important and respectful to use full words-i.e. "Aboriginal and Torres Strait Islander Peoples"
- · Capitalisation of words
  - When referring to Peoples
    - Aboriginal and Torres Strait Islander Peoples
    - · Also, First Peoples, First Nations, First Australians
    - Elders, Traditional Owners, Traditional Custodians
  - When referring to area of land, sea, sky (that is associated with a distinct group of people or First Nations community)
    - Country
    - · Land
    - Names of language groups or communities (e.g. Woiwurrung, Wurundjeri,)
  - When referring to cultural practises
    - Acknowledgement of Country
    - Welcome to Country
- Other language considerations: since colonisation, Aboriginal and Torres Strait Islander people have experiences intergenerational injustices and inequities, and thus, it is important to:
  - Acknowledge truths
  - Highlight strength and resilience
  - Draw on empowering, strength-based language
  - Use inclusive language
  - Recognise currency and continuity
    - Not to refer to Indigenous peoples and cultures in past alone
  - Seek guidance from your local Aboriginal and Torres Strait Islander community

Hopefully by you've reading you've learnt something new or maybe feel for comfortable using this terminology! Being in an education setting and being surrounded by the leaders of the future, it's incredibly important to keep extending our knowledge and creating small changes in our lives to promote reconciliation.

## **Glimmers into BEPS OSHC**



### What the children of BEPS OSHC have been doing in Week 3...

This week we did all of our Olympics-themed activities- including volleybal, making world flags, relay races, gymnastics routines, etc. We have also had differing sports from the Olympics on in the OSHC room during before school care and afterschool care- the children have been getting really into it which is awesome to see! Their commentary is so funny! The weather this week has also been so sunny, so we've taken advantage of that and have been doing lots of outside activities! Also pictured, from last week, the children did STEM puzzles, face painting, science club and more:)



# Upcoming Beforecare & Aftercare Activities Term 3, Week 4

## **MONDAY**

5th August

#### BSC:

· Children's Choice in the OSHC Room with Lucy & Hannah

#### ASC:

- · First Nations Map of Australia in the OSHC Room with Hannah
- Around the World on the Basketball Court with Andreas & Jake
- Children's Choice/Play on the Colourfuls with Zac & Faye
- · Children's Choice/ Play on the Oval with Chandika

## **TUESDAY**

6th August

#### BSC:

Children's Choice in the OSHC Room with Kerryn & Hannah

#### ASC:

- World Flag Making in the OSHC Room with Hayfa & Hannah
- Swimming in the Hall with Faye & Chandika
- Sensory Play and Quiet Activities in the Tinker Lab with Izzy
- · Children's Choice/ Play on the Colourfuls with Kerryn
- Children's Choice/ Play on the Oval with Angela & Zac
- Children's Choice/ Play on the Basketball Court with Jake & Andreas

## **WEDNESDAY**

7th August

#### BSC:

Children's Choice in the OSHC Room with Kerryn & Hannah

#### ASC:

- Making Recycled Craft Olympic Torches in the OSHC Room with Angela & Jake
- Cycling/Wheels on the Basketball Court with Andreas & Chandika
- Gymnastics Routines on the Oval with Hannah
- · Children's Choice/ Play in the Tinker Lab with Zac
- Children's Choice/Play on the Colourfuls with Faye & Kerryn

## **THURSDAY**

8th August

#### BSC:

Children's Choice in the OSHC Room with Kerryn & Andreas

#### ASC:

- OSHC Olympics Awards and Closing Ceremony on the Oval/Basketball Court with all staff
  - Children will get to display all the amazing Olympic-themed art and craft they've been working on over last week and this week
  - Children will recieve medals for participating in Olympic-themed sports activities
- Then, Children's Choice/ Play across the OSHC areas

## **FRIDAY**

9th August

International Day of the World's Indigenous People

#### BSC:

• Children's Choice in the OSHC Room with Lucy & Hannah

#### ASC:

 Indigenous Australian Children's TV Shows and First Nations-inspired Colouring-In in the OSHC Room with Hannah & Faye