



Acknowledgment of Country

BEPS OSHC respectfully acknowledges the Wurundjeri People of the Kulin Nation as Traditional Custodians of the land on which our service stands. We pay respect to Elders past and present and to their continuation of cultural, spiritual and educational practises.

DATE: 22/08/24
TERM 3, WEEK 6
ISSUE # 26

News from BEPS OSHC

- The next OSHC invoice will be emailed out to families on:
 - Monday 26th August
- Please see link for the OSHC Families Feedback survey – it's anonymous!
 - <https://www.menti.com/algzajx659em>
- You might have seen some new faces around OSHC over the past few weeks! We have two new staff; Angie and Hannah R!
 - Angie used to work with us a few years ago and she is returning to be in on Thursdays in BSC and ASC (See pictured top)
 - Hannah R will be helping in on Mondays, Wednesdays and Fridays in ASC (See pictured bottom)



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Please scan me



Upcoming community dates



Wear it Purple Day- Friday 30th August

On 30 August 2024, 'Wear It Purple Day' will unite LGBTQIA+ youth and allies to shine a glorious light on the thousands of schools, community organisations, universities, and workplaces that are coming together to create a more inclusive future for all Australians.

By wearing purple, Australians demonstrate to rainbow young people that they are celebrated and respected, acknowledging all have the right to be proud of who they are and who they are becoming. Originally founded by students in response to global stories of teenagers taking their own lives due to bullying and harassment, Wear it Purple Day has become an international movement of love and support. This year's theme is "Your Passion, Your Pride"!

To play an active role in celebrating and supporting Wear It Purple Day in your school, community organisation, university, or workplace this year:

• **Speak to your School:** To see how they plan to celebrate Wear It Purple day and the policies, practices they have in place to create supportive and safe spaces for students and teachers.

• **Do your research:** Jump onto great sites like ours or some of our community partners to learn more about topics like pronouns, coming out, supportive affirming conversation and gender identity to name just a few.

• **Host or attend panels and keynote Events:** The power of storytelling and visibility enables rainbow youth to connect to community and empowers allies to be changemakers in their own environments.

• **Prioritise key issues through established pride employee network groups:** Champion topics like pronouns, gender affirmation and identity, inclusive language and active allyship.

• **Continue courageous conversations:** Go beyond Wear It Purple Day to create safety in classrooms and workplaces across the country.



Image: Sophie Saville | The Story Mill

For those wanting to learn more about Wear it Purple Day, why it's important, what kinds of things we will be implementing, etc. this link is a great resource!

https://static1.squarespace.com/static/5cdcfcab16b6405d248d48b7/t/62b2c541db5210735935043e/1655883078400/How+to+Wear+It+Purple_Schools.pdf

In OSHC, we'd love it if the children wore purple to show their support- us, staff, will be wearing purple! We will also print out some colouring sheets on the OSHC Room for children to do mindfulness colouring should they wish. We will also offer purple nail polish, purple hair spray, making purple pancakes in BSC.

We will also put lots of signage and posters up, in addition with our LGBTQIA+ ones and Rainbow Families ones that are already in our OSHC spaces. We want our space and service to feel welcoming, inclusive and inviting for all!





Mental Health Services and Support

Beyond Blue

24/7 mental health support service

1300 22 4636
beyondblue.org.au

headspace

Online support and counselling to young people aged 12 to 25

1800 650 890
(9am to 1am daily)
headspace.org.au/eheadspace

13YARN

24/7 crisis support for Aboriginal and Torres Strait Islander people

13 92 76
13yarn.org.au

Lifeline

24/7 crisis support and suicide prevention services

13 11 14
lifeline.org.au

Suicide Call Back

24/7 crisis support and counselling service for people affected by suicide

1300 659 467
suicidecallbackservice.org.au

Mensline

24/7 counselling service for men

1300 78 99 78
mensline.org.au

1800 RESPECT

24/7 support for people impacted by sexual assault, domestic violence and abuse

1800 737 732
1800respect.org.au

Kids Helpline

24/7 crisis support and suicide prevention services for children and young people aged 5 to 25

1800 55 1800
kidshelpline.com.au

QLife

LGBTI peer support and referral

1800 184 527
qlife.org.au



If you are concerned about someone at risk of immediate harm, call 000 or go to your nearest hospital emergency department.

Glimmers into BEPS OSHC



What the children of BEPS OSHC have been doing in Week 6..

The children this week have been up to all sorts- but we've had lots of child-led activities! There are so many smiling children in these photos which is amazing! This week, we did science club, made beautiful beaded mermaids, did puzzles, played soccer, did gymnastics, played tennis and we did lots and lots of sewing! We sent around some surveys in the afternoons of what kind of activities the children would like to do more of, so we've tried to include some of those for next week :)



Upcoming Beforecare & Aftercare Activities

Term 3, Week 7

MONDAY

26th August

BSC:

- Children's Choice in the OSHC Room with Lucy, Hannah & Zac

ASC:

- Special Person's Day Craft in the OSHC Room with Hannah & Lucy
- Gymnastics/Dance on the Oval with Zac & Hannah R

- Children's Choice/ Play on the Colourfuls with Faye
- Children's Choice/ Play on the Basketball Court with Chandika & Jake

TUESDAY

27th August

BSC:

- Children's Choice in the OSHC Room with Kerry, Hannah, Andreas

ASC:

- Crayon Painting in the OSHC Room with Kerry & Hayfa
- T-Ball on the Oval with Jake & Zac
- Science Club on the Handball Court

- Children's Choice/ Play in the Tinker Lab with Izzy
- Children's Choice/ Play on the Colourfuls with Angela & Hannah
- Children's Choice/ Play on the Basketball Court with Chandika & Andreas

WEDNESDAY

28th August

BSC:

- Children's Choice in the OSHC Room with Kerry, Hannah & Andreas

ASC:

- Friendship Bracelets in the OSHC Room with Angela & Hannah R
- Downball Tournament on the Basketball Court with Jake & Andreas
- Paper Plane Competition on the Oval with Zac & Hannah

- Children's Choice/ Play on the Colourfuls with Hayfa & Faye

THURSDAY

29th August

BSC:

- Children's Choice in the OSHC Room with Kerry, Angie & Andreas

ASC:

- Special Person's Day Craft in the OSHC Room with Hayfa & Ulli
- Cooking in the Kitchen with Kerry
- STEM Club and Trivia Games in the Tinker Lab with Zac & Hannah

- Children's Choice/ Play on the Colourfuls with Faye & Hannah R
- Children's Choice/ Play on the Basketball Court with Jake & Angie
- Children's Choice/ Play on the Oval with Andreas

FRIDAY

30th August

Wear it Purple Day



BSC:

- Children's Choice in the OSHC Room with Lucy & Hannah

ASC:

- Wear it Purple Day activities in the OSHC Room with Hannah

- Children's Choice/ Play on the Basketball Court with Faye